

PARKINSON'S DISEASE

and Other Movement Disorders

Movement disorders can show up in a number of ways, with symptoms ranging from subtle to disabling.

What causes them?

Changes to areas of the brain that control movement

Symptoms

Some of the symptoms of a movement disorder may include:

- Tremors
- Stiffness
- Balance problems
- Changes in speech, voice, and swallowing
- Trouble with handwriting
- Slowness of movement
- Involuntary contractions or spasms



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Categories of Movement Disorders



Too little movement, slowness
(Hypokinetic)



Too much movement
(Hyperkinetic)

TYPES of Movement Disorders

Parkinson's Disease

Parkinsonian Syndromes (symptoms are similar to Parkinson's Disease)

Essential Tremor and Other Tremors (involuntary and rhythmic shaking)

Dystonias (involuntary muscle contractions)

Other Movement Disorders (Tourette Syndrome, Huntington's)

What to Do If You Have Symptoms



Don't panic. Your symptoms may be caused by something else, such as side effects of medications or some other non-neurological condition.



Getting an accurate diagnosis may take time. Try exercise, meditation, or other stress-reducing techniques while you wait on test results.



Talk to your doctor about a visit to a neurologist. Neurologists are specially trained to diagnose and treat movement disorders.



Diagnosis may involve blood tests, CT or MRI scans of the brain, vision testing, and types of muscle testing. Your doctor should explain why they are performing these tests and what you should expect.

GET A TEAM OF EXPERTS WITH LEBAUER NEUROLOGY

TREATMENTS

There are many treatment options to help patients manage symptoms of movement disorders.

- ✓ Medications
- ✓ Exercise
- ✓ Physical, Occupational, and Speech Therapy
- ✓ Deep Brain Stimulation (DBS) and other Surgeries

An experienced neurologist can help patients find the best combination of treatments for their individual situation.

A team of board-certified neurologists and other specialists at LeBauer Neurology work together to diagnose, treat, and support patients with movement disorders. Our comprehensive care includes:

- The latest treatment options based on advanced research
- Get care provided by a movement disorder specialist, Dr. Rebecca Tat
- Access services from our neuropsychologist
- Access to neuro rehabilitation and neurosurgeons through Cone Health
- Support groups for patients and families professionally facilitated by our licensed clinical social worker
- Specialized exercise, recreational and therapeutic programs for Parkinson's patients



Make an Appointment

To schedule a consultation with one of our neurologists or learn more:

Talk to your primary care physician
Call us at 336-832-3070

301 E. Wendover Ave., Suite 310
Greensboro, NC 27401

Visit lebauer.com